



Take a tour of the flavours of East Asia...

At Tampopo we bring you the authentic tastes of **Thailand**, **Vietnam**, **Malaysia & Singapore**, **Indonesia**, **Philippines**, **Japan** and **Korea** through healthy, high-quality food at value-for-money prices with quick, friendly service.

We've recreated the flavours and aromas traditionally found at the eternally bustling street-markets of Bangkok and Hanoi, the hawker stalls of Singapore and the noodle vendors of Tokyo: steaming noodles to soothe, slow-cooked curries and sizzling stir-fries full of goodness and flavour.

So settle in and let us take you on a ride through the exciting and varied cuisines of East Asia...

Dessert

Passionfruit Syllabub

Luxurious cream blended with the refreshing zing of passionfruit & almond amaretti biscuit pieces (V) £4.75

Mango Sorbet

Premium quality, made with real fruit. Smooth, refreshing, simple (Ve) £3.50

Ginger Crème Brûlée

The classic indulgent dessert, spiced with an East Asian twist (V) £4.25

Toasted Coconut & Rum Ice Cream

Golden shreds of toasted coconut with a touch of authentic West Indian rum stirred into a luxurious coconut cream base. An irresistible, indulgent treat (V) £3.75

Chocolate Ice Cream

Strong dark chocolate ice cream, with an extra measure of cocoa powder, for serious chocoholics (V) £3.75

Cinnamon Ice Cream

This ice cream is subtle, smooth and surprisingly cool. Speckled with ground cinnamon from Sri Lanka, with a hint of vanilla (V) £3.75

Khao Niaoow Mamuang

The most popular Thai dessert, juicy fresh mango slices and sticky rice, chilled, flavoured with coconut cream (Ve) £4.95

Caramen Chuoi Ran

Vietnamese fried bananas coated in breadcrumb & crunchy nuts, served with a caramel sauce, cinnamon ice cream & fresh lime (V) (without ice cream (Ve)) £4.75

Bubor Pulot Hittam

Malaysian sticky black rice pudding, made with creamy coconut milk and luscious palm sugar (Ve) £4.25

Hot drinks

Green Tea/Jasmine Tea £1.50

A pot of green or jasmine tea serving approximately 4 small cups

Mint Tea £1.40

Made with fresh mint leaves, served in a glass

Vietnamese Coffee £1.80

Served in the traditional style with condensed milk as found in the cafes of Hanoi and Saigon

Drinks

Beers

Beer Lao (Laos) 330ml bottle (abv 5%) £3.30

Asahi (Japan) 330ml bottle (abv 5%) £3.50

Tiger (Singapore) 330ml bottle (abv 4.8%) £3.60

Singha (Thailand) 330ml bottle (abv 5%) £3.70

Tiger (Singapore) 640ml bottle (abv 4.8%) £5.75

White wine

Chenin Blanc, Cullinan View, South Africa £12.95

By the glass 175 ml £3.65

Chardonnay, Mill Cellars, Australia £14.95

By the glass 175 ml £4.25

Sauvignon Blanc, Monte Verde, Chile £14.95

By the glass 175 ml £4.25

Viognier, Armidale Estate, Australia £14.95

By the glass 175 ml £4.25

Gewürztraminer, Villa Maria, New Zealand £18.95

By the glass 175 ml £5.25

Red wine

Shiraz, Mill Cellars, Australia £12.95

By the glass 175 ml £3.65

Pinotage, Cullinan View, South Africa £14.95

By the glass 175 ml £4.25

Malbec, Etchart, Argentina £14.95

By the glass 175 ml £4.25

Cabernet-Sauvignon, Armidale Estate, Australia £14.95

By the glass 175 ml £4.25

Pinot Noir, Veramonte, Chile £18.95

By the glass 175 ml £5.25

Rosé Wine

Zinfandel, Whispering Hills, California £13.95

By the glass 175 ml £3.95

Sparkling wine

Brut, Berri Estates, Australia £18.95


Soft drinks

Home-made Lemonade Still £2.10

Freshly Squeezed Pure Orange Juice £2.40

St. Clement's A mix of orange juice & lemonade £2.25

Fresh Lime Soda £1.70

Coke/Diet Coke 330ml £1.85 

Tzu

Peach or Apple

Sparkling, revitalising Eastern health drink, served with ice £2.40

Belu Mineral Water

Still or Sparkling 330ml £1.75

Belu uses all its profits to help fund clean water projects around the world. Every bottle sold provides clean water to 1 person for 1 month.



fresh
eastern
cooking



tampopo
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📍 135 The Orient, Trafford Centre, Manchester, M17 8EH 0161 747 8878 📍 Unit 2, Triangle Shopping Centre, 38 Exchange Square, Manchester, M4 3TR 0161 839 6484 📍 16 Albert Square, Manchester, M2 5PF 0161 819 1966 📍 15 South Parade, Leeds, LS1 5QS 0113 245 1816 📍 140 Fulham Road, London, SW10 9PY 020 7370 5355 📍 Unit SU84A, Cabot Circus, Glasshouse, Bristol, BS1 3BX 0117 927 7008



Small Dishes

Fire up your appetite with some of East Asia's favourite street snacks and nibbles: perfect as accompaniments, appetisers or for sharing – it's up to you...

Tampopo Platter to Share (serves 2)
Goi Cuon, Gyoza, Bulgogi, Coconut Prawns, Satay & Yasai Gyoza £10.95
(Extra portion per person £5.50)

Sesame Prawn Skewers **Malaysia**
Three skewers of grilled marinated king prawns topped with toasted sesame seeds & served with fresh lime £4.95

Yakitori **Japan**
Three skewers of grilled chicken & spring onion, coated in a teriyaki sauce £4.75

Goi Cuon **Vietnam**
Fresh rice-paper rolls filled with vegetables, glass noodles & Asian herbs, served cold. With Soy & Ginger (Ve) or Nuoc Cham dips £3.75

Bulgogi **Korea**
Slices of marinated grilled beef, served with Kimchi, a fiery pickled cabbage £5.50

Tempura Vegetables **Japan**
A selection of fresh vegetables in a light batter, with a plum dip (Ve) £4.25

Coconut Prawns **Thailand**
King prawns fried in a coconut breadcrumb, with a sweet chilli dip £5.75

Miso Soup & Pickles **Japan**
A popular Japanese soup, tasty and healthy, made from soya bean paste. Vegetarian option available £1.50 (V)

Satay **Malaysia**
Three skewers of grilled marinated chicken with red onion, cucumber & a spicy peanut dip £4.75

Gyoza **Japan**
Five griddled dumplings of minced pork, bamboo shoot & spring onion, with a soy dip £4.50

Yasai Gyoza **Japan**
Five griddled dumplings of water chestnut, bamboo shoot & carrot, with a soy dip (V) £3.95

Please note:
(V) Indicates vegetarian dishes.
(Ve) Indicates vegan dishes.
🔥🔥🔥 Indicates spice level.

Please ask your waiter/ess for a fork & spoon if you prefer them to chopsticks.

Soup Noodles

Got a big appetite? These hearty meals in a bowl satisfy hungry workers across East Asia.

Ramen **Japan**
Ramen noodles with fresh greens in a stock flavoured with "shoyu" (Japanese soy). Also available with miso paste, please ask.
Chicken £8.50 Beef £9.95 Seafood £9.50
(V) £7.95

Pho **Vietnam**
Sliced rump steak or chicken breast with flat rice noodles in a clear broth scented with fresh Asian herbs, star anise & lime
Beef £9.95 Chicken £8.50

Tom Kha **Thailand**
Rice vermicelli, chicken breast & straw mushrooms in a coconut broth flavoured with galangal & lime leaf £8.95

Laksa **Singapore** 🔥🔥🔥
Yellow noodles, chicken breast & prawns in a fiery coconut broth, with mint, cucumber, red onion, tofu & lime £9.95

Tom Yam **Thailand** 🔥🔥
Glass noodles, prawns & straw mushrooms in a hot-and-sour clear broth, flavoured with lemongrass, lime & chillies £9.50

East Asian Salads

Flavoured with delicate fresh herbs, these are light, healthy meals in themselves or can be shared as accompaniments.

Nua Yang Manao **Thailand** 🔥🔥
Strips of rare grilled rump steak with fresh mint, chilli & lime £8.50

Goi Bap Cai **Vietnam**
Grilled chicken breast flavoured with Asian basil, shallot and a lime & peanut oil dressing £7.50

Som Tam **Thailand** 🔥
The classic green papaya salad, with roasted peanuts and a lime & chilli dressing £4.95

Gado Gado **Indonesia**
Blanched vegetable crudités with hard-boiled egg, fried tofu, prawn crackers & a spicy peanut dip £6.95

Certain ingredients are included for flavouring & are not to be eaten: lime leaf, galangal, star anise & lemongrass.

Allergies: Please note that our dishes may contain traces of nuts or other allergy-sensitive ingredients, and we cannot guarantee that they are completely free of these traces. Please inform your server if you have an allergy.

Wok-fried Noodle & Rice Dishes

These dishes are all classics in their own countries: the food-on-the-go of East Asia.

Noodles

Mee Goreng **Indonesia** 🔥
Spicy yellow noodles with mushroom, tomatoes & choy sum
Chicken £8.50 Prawn £8.95

Yaki Udon **Japan**
Chunky udon noodles with leek & red pepper, wok-fried in soy & rice wine
Chicken £8.50 Seafood £8.95 (Ve) £7.95

Pad Thai **Thailand**
Sour-sweet flat rice noodles with choy sum, beansprouts, roasted peanuts & lime
Chicken £8.50 Prawn £8.95 (V) £7.95

Pho Xao Bo **Vietnam**
Fragrant flat rice noodles with sliced rump steak, lemongrass, mint & coriander £9.50

Chap Chae **Korea** 🔥
Sesame-scented glass noodles with shiitake mushroom, cucumber, carrot & chilli
Chicken £7.95 Beef £8.95 (Ve) £7.50

Kway Teow **Malaysia** 🔥
Flat rice noodles with choy sum & spring onion flavoured with chilli, garlic & a thick, dark soy sauce
Chicken £8.50 Prawn £8.95

Singapore Noodles **Singapore**
Rice vermicelli with prawns, chicken breast, spring onion & carrot, with a mild curry flavour £8.95

Rice

Com Hué **Vietnam** 🔥
Wok-fried rice from the imperial city of Hué, flavoured with sesame seeds, lemongrass & coriander
Chicken £7.95 Prawn £8.50 (Ve) £7.50

Khao Pad **Thailand**
Wok-fried rice with fine beans, mushroom, pineapple, Asian basil & peanuts
Chicken £8.50 Prawn £8.95 (V) £7.95

Nasi Goreng **Indonesia** 🔥
Spicy wok-fried rice with shiitake mushroom, chilli, lime leaves & onion flakes
Chicken £8.50 Prawn £8.95

Halal chicken breast is used in all Wok-fried Noodle & Rice Dishes, Stir-fried Specials and Sauce-based Specials except Chicken Adobo.

Service not included. For parties of 7 or more an optional service charge of 10% will be added to your bill.
Take-out available.

Stir-fried Specials (rice/noodles not included)

Market-fresh ingredients flash-fried in our hot woks to seal in their goodness and flavour.

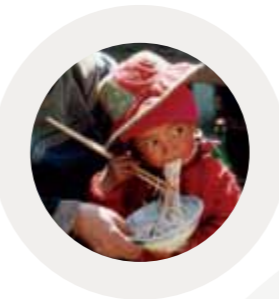
Ga Xao Xa Ot **Vietnam** 🔥🔥
Chicken breast, green pepper & carrot wok-fried with fiery red chillies & lemongrass £7.50

Daging Lembu Goreng **Malaysia**
Strips of rump steak, fresh ginger & shallot in oyster sauce £8.95

Tahu Goreng **Indonesia**
Tofu wok-fried with mushrooms in a zesty tamarind & lime sauce
(Ve) £6.95 (NB. contains peanuts)

Pad Krapow **Thailand** 🔥🔥
Prawns or chicken breast quick-fried with red chillies, fresh Asian basil & red pepper
Chicken £7.50 Prawn £8.50

Bo Xao Magi **Vietnam**
Strips of rump steak in a black bean sauce wok-fried with fragrant lemongrass
Beef £8.95 (Ve) £6.95



Like the traders and adventurers before us, we've travelled all over East Asia to bring back our favourite dishes for you to try. And just like in kitchens across East Asia, we make our sauces and stocks here every day from the freshest market produce.

Sauce-based Specials (rice/noodles not included)

Fragrant curries and stews delicately balanced with fresh herbs and spices.

Panang Curry **Thailand** 🔥🔥
A fiery red coconut curry with Thai aubergines, roasted peanuts & lime leaf
Chicken £7.95 Prawn £8.95 Beef £9.50
Vegetable £7.50 (NB. contains shrimp paste)

Gaeng Keow Wan **Thailand** 🔥🔥
A spicy green coconut curry with Thai aubergines, Asian basil & lime leaf
Chicken £7.95 Prawn £8.95 Beef £9.50
Vegetable £7.50 (NB. contains shrimp paste)

Chicken Adobo **Philippines**
Chicken breast, broccoli & choy sum in a tangy sauce flavoured with peppercorns, garlic & bay leaf. Garnished with fried sweet potato slices £7.95

Beef Rendang **Malaysia** 🔥
Rich coconut curry flavoured with star anise, cardamom & tamarind. With sweet potato & carrot £9.95

Nonya Chicken & Lime Curry **Singapore**
Chicken breast, red pepper & baby corn in a coconut curry flavoured with lime leaf, tamarind & fresh limes £7.95 (Ve) £7.50

Accompaniments

Thai Spicy Prawn Crackers
with sweet chilli sauce £1.95

Steamed Jasmine Rice (Ve) £1.70

Egg-fried Rice (V) £2.10

Wok-fried Hokkien Noodles (V) £2.75

Wok-fried Udon Noodles (Ve) £2.75

Wok-fried Greens
Pak choy, broccoli, fine beans or medley. With tamarind sauce (Ve) or oyster sauce £3.75

Cucumber & Red Onion with Satay Sauce
£2.50

Pickles
Cucumber, white radish or ginger (Ve) 50p

Fresh Red Chillies in soy (Ve) 50p

Kimchi
Spicy pickled cabbage (Ve) 50p

Satay Sauce 50p

